

## Use of Primary Sports and PE Funding – Academic Year 2019-20

**There are five key indicators that schools are working towards for the use of the Primary Sports and PE Grant. These are:**

1. The engagement of all pupils in regular physical activity (the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school)
2. The profile of PE and sport is raised across the school as a tool for whole-school improvement
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
4. Broader experience of a range of sports and activities offered to all pupils
5. Increased participation in competitive sport.

At St Luke's this year we are using the Primary Sports and PE Funding to address the above areas. We have identified the use of the money to:

- To develop a co-ordinated approach to ensure all children are encouraged to have healthy lifestyles, including access to a high quality PE curriculum. Leadership time. (Key Indicators 1, 2 and 4)
- To free up a teachers time to allow them to support other teachers with the delivery of PE. The teacher will work alongside and train teachers to deliver better quality PE lessons. (Key Indicators 2, 3 and 4)
- Buy in specialists to support the engagement of children in regular physical activity, including
  - the Get Going Programme – to be delivered to up to 30 children over the year (Key Indicators 1 and 4)
  - a primary PE specialist who will train and develop staff across the school across the school (Key Indicators 2, 3 and 4)
- Develop resources to ensure better access to PE and sports at break times, lunch time and during PE lessons (Key Indicators 1 and 4)
- To provide a PE lead and support person at lunchtimes who will co-ordinate support for lunchtime activities and develop the skills of the lunchtime staff. (Key Indicators 1, 3 and 4)
- Train staff to ensure specific physical activity programmes can be delivered to all children, including the further development of the St Luke's Tool (Physical Aspects of Learning for Life (PALL)) (Key Indicators 2 and 3)
- To enable children to access competitive games/sport by providing access to competitions and transport costs (Key Indicator 5)

## Key Indicator 1: The engagement of all pupils in regular physical activity (30 active minutes every day)

### What are your school's key achievements to date?

- All children participate in two PE sessions per week
- A number of children access hydrotherapy, physiotherapy, rebound and occupational therapy regularly during the school week, all children with physical needs have at least 1 session of hydro therapy per week and children have rebound therapy on a rolling programme. Some children with more complex communication and interaction needs also benefit from a hydro therapy session once per week.
- We offer a 'moving sounds' sessions once a week for children with complex needs.
- Year 6 access swimming at the local leisure centre in the summer term once a week.
- We have used coaches to support teachers in gymnastics, Judo, dance, taekwondo and table tennis in previous years, during the academic year we focussed on football skills and worked closely with Scunthorpe United to deliver this. The Friday Football Options Group was oversubscribed and ran for a further term to allow all children that wanted to access it the opportunity to access it.
- 22 Children engaged in the get going programme that focussed on healthy lifestyles and engaging children in physical activities.
- Lunchtime clubs have a focus on being active, including bikes and scooter clubs, playground games and field games

### What are your areas of focus for 2019 - 2020?

All children to have at least 30 minutes of physical activity per day, this will be linked to PE, Sports and Healthy Lifestyles Strategy will help to develop children's physical fitness, their diet and their healthy minds. Activities will include:

1. Conducting research into how active children are (using Fitbit trackers (purchased last academic year) and other measuring tools)
2. Developing a clear strategy which ensures every child is getting at least 30 minutes of physical activity per day
3. Providing training/development opportunities for teachers. This will be led by school based staff and external support from the local sports co-ordinators
4. Ensuring there are opportunities for children to be active in lessons other than PE
5. Developing lunchtime activities to ensure children have regular access to a lunchtime club which is focussed on PE and sports, we will identify two children to lead this
6. Developing the school's PE resources to ensure that they enable children to access at least 30 of PE per day
7. Buying in additional coaching support from the Sports Partnership to build on last year's development.
8. Using the Get Going programme to target support at a core group of children

<b>Key indicator 1: The engagement of <u>all</u> pupils in regular physical activity</b> Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school				<b>Percentage of total allocation:</b> 37%
<b>Actions</b>	<b>Funding</b>	<b>Evidence</b>	<b>Impact</b>	<b>Sustainability/Next Steps</b>
Develop a healthy lifestyles and PE strategy, including: <ul style="list-style-type: none"> <li>• Healthy eating</li> <li>• Opportunities for increased participation in PE and sport</li> <li>• Healthy minds</li> <li>• Lifestyles survey</li> <li>• Curriculum opportunities</li> </ul>	£1025 Leadership time (10 sessions)  £200 Strategy Tool	The school will have a Healthy Lifestyles and PE strategy in place Delivery of the strategy: Regular monitoring and other evidence will show the children taking part in sports and PE throughout the day/week Healthy lifestyles surveys	Children will have opportunities to take part in at least 30 minutes exercise per day. Children will have improved healthy lifestyles (shown through survey results)	Strategy will be reviewed at the end of the year. Next steps will be put into place as part of the review Staff will have a clear understanding of how to promote and develop healthy lifestyles from focused training and support, this will be embedded into the school curriculum and developed further in future years
Ensure children have a healthy and active lifestyle through specialist support through the Get Going programme <ul style="list-style-type: none"> <li>• to be delivered to up to 30 children over the year</li> <li>• includes time active time</li> </ul>	£760	Participation records from the get going sessions Information gained from the healthy lifestyles survey Case Studies of improved participation in PE and sport	Up to 30 children will have healthier lifestyles because of their participation in the Get Going programme	School staff members will monitor activities delivered by the Get Going staff and will lead similar activities in school in the following years
Develop resources to ensure better access to PE and sports at lunch times and during PE lessons	£1,000	PE lesson and lunchtime monitoring will demonstrate and increased uptake in participation in physical activity	Children participation in PE sessions will be improved due to new resources encouraging engagement	New resources will encourage participation in future years
Provide a PE lead and support person at lunchtimes who will co-ordinate support for lunchtime activities and develop the skills of the lunchtime staff.	£3,500	Lunchtime monitoring will demonstrate quality sessions being delivered to children Monitoring of children's participation in lunchtime sessions will show an increase in active time	Children's participation in active sessions at lunchtimes will have increased	Initial set up of lunchtime PE role will be through the PE and Sports Grant this academic year, with a view to assume this cost in the school budget in future years

## Key Indicator 2: The profile of PE and sport being raised across the school as a tool for whole school improvement

### What are your school's key achievements to date?

- The school has a clear vision for PE and sport and encourages children to be active on a daily basis.
- The school has clear plans in place for teaching PE sessions and has specialists within school who can support the development of other teachers
- The school has developed a Physical Development Tool called Physical Aspects of Learning for Life (PALL). This tool was created by school staff in partnership with Physiotherapists and the Occupational Therapist. It enables teachers to understand how children develop physical, from the earliest stages of development and puts physical development at the heart of what St Luke's wants to achieve
- Opportunities are given throughout the school day for children to be active and teachers have been trained on how to make all lessons active.
- Whole school events take place each year which have an active focus. Last year these included the Elfie Selfie Walk, the Glow Day and Sports Day

### What are your areas of focus for 2019 - 2020?

1. To ensure at staff have a clear understanding of the school's strategy in promoting healthy lifestyles, including:
  - the need to participate in quality PE and Games activities throughout the school day
  - the importance of a healthy and active lifestyle on helping to promote healthy minds
  - Improving participation in sport and PE and increased healthy lifestyles will help to improve concentration and engagement in lessons
2. PE will be a lead area of the school and the PE strategy will be used as a tool to support other leaders development
3. To further develop the physical section of the school's assessment system (PALL )and train staff to understand how to use the tool, through this staff will develop a clear understanding of how improving children's physical development will help them to improve key life skills

<b>Key indicator 2: The profile of PE and sport being raised across the school as a tool for whole school improvement</b>				<b>Percentage of total allocation: 12.6%</b>
<b>Actions</b>	<b>Funding</b>	<b>Evidence</b>	<b>Impact</b>	<b>Sustainability/Next Steps</b>
Develop a healthy lifestyles and PE strategy, including: <ul style="list-style-type: none"> <li>The importance of PE and sport in developing healthy lifestyles and promoting healthy minds</li> </ul>	£615 (leadership time) (6 sessions)	The school will have a Healthy Lifestyles and PE strategy in place Delivery of the strategy: Regular monitoring and other evidence will show that the profile of PE and sport has been raised	There will be a reduction in the number of incidents of challenging behaviour as children will have healthier lifestyles, including healthy minds	The healthy lifestyles strategy will be developed further in future years, based on the outcomes of this year's improvements
Ensure children have access to PE sessions that are led by teachers who understand how to deliver high quality PE sessions. This will be achieved through: <ul style="list-style-type: none"> <li>Support from a Primary Sports Specialist</li> <li>Support from a member of school staff who has specialist knowledge in the delivery of PE</li> </ul>	£350  £750	Monitoring of PE Sessions will demonstrate that there is an improvement in the children's engagement in PE sessions - this will be completed through learning walks and drop ins	Children's engagement in PE sessions will be increased, which in turn will lead to improved engagement in all lessons	Improvements in children's engagement will be sustained and will lead to year on year improvements in engagement and behaviour
Further develop the St Luke's Tool – Physical Aspects of Learning for Life (PALL) and train staff to understand how it will improve children's life skills	£500 (leadership time)	The St Luke's Tool – Physical Aspects of Learning for Life (PALL) will be in place Monitoring of children's progress on the tool	Children (particularly those with significant physical needs) will have improved life skills because their physical skills will enable them to achieve more (as demonstrate by their assessments on the PALL system)	The PALL system will be available for use in future years and will be made available to other schools to use

### Key Indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport

#### What are your school's key achievements to date?

- The Physical Development Tool called Physical Aspects of Learning for Life (PALL). enables teachers to understand how children develop physical, from the earliest stages of development
- Key School Leaders understand how children develop physically and have the skills to support other teacher's knowledge within this area.
- In previous years teachers have received training in Physical Literacy, this was delivered by the School Sport's Partnership. Questionnaires indicated that teacher's felt more confident after the training in planning PE, structuring lessons differentiating activities to individuals. They indicated their knowledge levels of physical literacy and development had improved
- Coaches have been used to improve knowledge of staff in specific areas such as football, gymnastics, dance, taekwondo and table tennis.
- There are school staff who have specialist knowledge of how to deliver PE

#### What are your areas of focus for 2019 - 2020?

1. To develop staff skills in leading PE sessions, this will be completed through support from the Primary Sports Partnership and using the skills of staff within school
2. To further develop the physical section of the school's assessment system (PALL) and train staff to understand how to use the tool, through this staff will develop a clear understanding of how they can support children's physical development
3. To develop and promote the use of physical activity at lunchtimes through the use of specialist PE leads.

**Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport**

**Percentage of total allocation:**  
12%

Actions	Funding	Evidence	Impact	Sustainability/Next Steps
Train lunchtime staff to deliver PE and sports sessions during the lunch break.	£500	Monitoring activities, such as learning walks and observations of lunchtimes will demonstrate that lunchtime staff will be more confident in delivering PE sessions. They will have increased knowledge and skills.	Children will be more engaged in lunchtime PE sessions as they will have staff who will understand how to enable them to be better engaged in lunchtime activities	Initial set up of lunchtime PE role will be through the PE and Sports Grant this academic year, with a view to assume this cost in the school budget in future years
Ensure children have access to PE sessions that are led by teachers who understand how to deliver high quality PE sessions. This will be achieved through: <ul style="list-style-type: none"> <li>• Support from a Primary Sports Specialist</li> <li>• Support from a member of school staff who has specialist knowledge in the delivery of PE</li> </ul>	£350  £750	Monitoring of PE Sessions will demonstrate that there is an improvement in the quality of PE sessions and that children are have better access to PE - this will be completed through learning walks and drop ins	Children’s engagement in PE sessions will be increased	Improvements in staff skills will be sustained. These skills will be further developed next year, to enable them to further understand how they can support the specific physical needs of the children at St Luke’s
Further develop the St Luke’s Tool – Physical Aspects of Learning for Life (PALL) and train staff to understand how it will support children’s physical development	£500 (leadership time)	The St Luke’s Tool – Physical Aspects of Learning for Life (PALL) will be in place Monitoring of children’s progress on the tool	Children (particularly those with significant physical needs) will have improved physical skills (as demonstrate by their assessments on the PALL system)	The PALL system will be available for use in future years and will be made available to other schools to use

## Key Indicator 4: Broader experience of a range of sports and activities offered to all pupils

### What are your school's key achievements to date?

- Long term plans ensure the PE curriculum has a range of sports and PE activities offered. The long term plans are supported by teaching units
- Children in year 6 take part in swimming sessions at the Pod's Leisure Centre. All children attend these sessions regardless of need or disabilities.
- Investment in resources has meant that children can access a range of different activities, for example the outdoor gym, bikes and scooters at lunchtime. Children with complex learning and physical needs have access to quality hydrotherapy experience and trained staff are able to deliver rebound therapy to this group of children
- The get glowing event gave children the experience of taking part in a new activity.
- Children have had the opportunity to experience different sports through visits from specialist coaches including, football, taekwondo, gymnastics
- During the inclusive sports day at the end of the school year, children have the opportunity to take part in a range of sports
- Specialist PE activities are planned throughout the year such as sponsored charity walks

### What are your areas of focus for 2019 - 2020?

1. As part of the healthy lifestyles strategy, there will be an increase in the range and type of physical activities offered during PE sessions and during lunchtime play
2. Teachers will receive support to be able to deliver the new activities available to the children, with a particular focus on how activities can be made accessible to children with a wide range of physical and learning needs. This support will be from the Primary Sports Partnership and staff with specialist knowledge at school
3. Improve PE and sports resources to enable children to access a wide range of activities

<b>Key indicator 4: Broader experience of a range of sports and activities offered to all pupils</b>				<b>Percentage of total allocation:</b> 35.5%
<b>Actions</b>	<b>Funding</b>	<b>Evidence</b>	<b>Impact</b>	<b>Sustainability/Next Steps</b>
Develop a healthy lifestyles and PE strategy, including: <ul style="list-style-type: none"> <li>Developing the range and breadth of physical activities offered across the school</li> </ul>	£410 Leadership time (4 sessions)	The school will have a Healthy Lifestyles and PE strategy in place Delivery of the strategy: Long term plans, lesson plans and lunchtime planning sheets will demonstrate a larger range of physical activities have been made available	Children will have taken part in a wider range of sports activities	Strategy will be reviewed at the end of the year. Next steps will be put into place as part of the review Staff will have a clear understanding of the range of different activities they can offer to the children and these activities will be further developed in future years
Ensure children have access to a wide range of sports. This will be achieved through: <ul style="list-style-type: none"> <li>Support from a Primary Sports Specialist</li> <li>Support from a member of school staff who has specialist knowledge in the delivery of PE</li> <li>The Get Going programme</li> </ul>	£300  £750  £760	Monitoring of PE Sessions will demonstrate that a wider range of activities have been delivered, this will be completed through learning walks and drop ins and from monitoring of PE and lunchtime planning Participation records from the get going sessions	Children's will access a wider range of physical activities  Up to 30 children will have healthier lifestyles because of their participation in the Get Going programme	Improvements to the choice of activities offered will be sustained in future years. Activities will be further developed next year School staff members will monitor activities delivered by the Get Going staff and will lead similar activities in school in the following years
Develop resources to ensure access to a wider range of PE and sports at lunch times and during PE lessons	£1,000	PE lesson and lunchtime monitoring will demonstrate that children are taking part in a wide range of physical activities	Children participation in PE sessions will be improved due to a wider range of activities	New activities will encourage participation in future years
Provide a PE lead and support person at lunchtimes who will co-ordinate support for lunchtime activities and develop the skills of the lunchtime staff.	£3,000	Lunchtime monitoring will demonstrate a wide range of quality sessions being delivered to children	Children's will have access to a wide range of physical activities at lunchtimes	Initial set up of lunchtime PE role will be through the PE and Sports Grant this academic year, with a view to assume this cost in the school budget in future years

## Key Indicator 5: Increased participation in competitive sport

What are your school's key achievements to date?	What are your areas of focus for 2019 - 2020?
<ul style="list-style-type: none"> <li>Yearly Sports day which takes place in July each year, this is a team based event where children compete for points and there is winning team.</li> <li>Opportunities to take part in a range of whole school sponsored walks throughout the year.</li> <li>Children have attended a range of competitive sports events, including regional special needs sports events</li> <li>The Get Glowing event was a competitive sports event</li> </ul>	<ol style="list-style-type: none"> <li>Provide opportunities for children to participate in competitive sports with other schools.</li> <li>Provide opportunities for children to take part in competitive sports at school</li> </ol>

Key indicator 5: Increased participation in competitive sport				Percentage of total allocation: 2.9%
Actions	Funding	Evidence	Impact	Sustainability/Next Steps
Children will take part in competitive sports events with other local SEND schools	£500 to cover cost of transport and entry to events	Photos and certificates from events	Children will enjoy competing against other schools Children have opportunities to access activities outside of the school environment	Identify further sports events for future years. Increase the number of children taking part in competitive sports events.
Children will take part in competitive events at St Luke's, including Sports Day and 1 other competitive event	£0 resources are already in place to deliver competitive events	Photos and certificates from events	Children will enjoy competing against other children within school	Continue to offer opportunities for competitive events within the academic year

# Swimming

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	Please complete all of the below:
What percentage of your Year 6 children could swim competently, confidently and proficiently over a distance of at least 25 metres when they left your primary school at the end of last academic year?	5.5 %
What percentage of your Year 6 children could use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] when they left your primary school at the end of last academic year?	5.5 %
What percentage of your Year 6 children could perform safe self-rescue in different water-based situations when they left your primary school at the end of last academic year?	0 %
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity <b>over and above</b> the national curriculum requirements. Have you used it in this way?	<b>No</b>

## **National Curriculum for Swimming and water safety**

St Luke's School provide swimming instruction in Key Stage 2. At St Luke's this takes place in Year 6. In addition to this some children receive hydrotherapy.

The swimming curriculum teaches children the pre-skills to:

- swim competently, confidently and proficiently over a distance of at least 25 metres
- use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]
- perform safe self-rescue in different water-based situations.